Exploring God’s Mystery Through Neurobiology and Contemplative Practice

In this retreat, neurobiology will serve as a framework to expand our understanding of self. By becoming aware of normally “unnoticed” parts of ourselves (our bodies, our perceptions) we gain a more complete understanding of ourselves and our relationship to each other, our spiritual nature. This is part of God’s mystery—a realm to which we all have access but rarely explore. By traversing this landscape, we are transformed and become larger and more complete within God. The retreat will have a contemplative rhythm that includes sessions on chant and meditation with guest presenters, Lisa Persons and Rev. Julia Rusling.

October 14, 7:00-9:00pm and October 15, 9:00 -3:30pm
at St. Bartholomew’s Episcopal Church
Cost: $65 / $50 for St. Bart’s Members (Partial Scholarships Available)
To Register, Email amersonhouseevents@gmail.com

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Dr. Alex Escobar is a faculty member of the Biology Department at Emory University. He has a strong interest in the intersection of science and religion and studies the process by which we generate internal subjective experiences through neurobiology.